

Coaches Information Package 2011

The following information contained within this “Coaches Package” has been provided to assist both new and seasoned coaches with the organizational and instructional aspects of coaching in the Palm Beach Gardens Girl’s Softball Programs.

The package contains a variety of important information ranging from how and when to fill out and return your teams uniform order forms to practice and game coaching methods. Hopefully the information provided will assist you, your team and the individuals on your team with achieving the maximum enjoyment the program can offer. Please thoroughly review the materials provided, as much of the information should save you valuable time and make your job as a team manager or assistant coach that much easier.

PBG Softball 2011 Coaches contact list

Division	Team Name	Coach	Phone	Email
T-Ball				
1		Todd McKenna	799-2867	tcmckena@bellsouth.net
2		Ryan Dockery	301-2413	ryan_dockery@comcast.net
3		Mindy Czerw	252-5016	melindasmith@southnerwine.com
		Travis Kelly	676-7017	tdkellga@hotmail.com
4		Jenny Trefz	818-3507	jenntrefz@bellsouth.net
		Trisha Bice	307-0448	tbice@gmail.com
5		Robert Barboni	305-343-6738	bbarboni@hotmail.com

8's

1		Darryl Warren	630-5167	daryl_warren@bellsouth.net
2		Tom Polak	714-5688	tpolak@comcast.net
		Joe McGivney	629-2527	joe_mcgivney@americancentury.com
3		John Whalen	775-9119	medfire4@bellsouth.net
		Scott Lizza	723-4111	sjboatworks@aol.com
4		Ron Figeroa	775-9921	Figoras, Ron [rfigoras@agilis.com]
		Amy Patterson	909-8799	apatterson0088@gmail.com
5		Don Laine	351-4411	pattyglaine@gmail.com
		John Little	624-1936	rentman@msn.com

10's

1		Pat Coyle	722-4468	Patrick_Coyle@fpl.com
		Alan Long	693-9994	Alanhlong@earthlink.net
2		Sean Farley	290-3771	sffarley@yahoo.com
		Lonn Gates	842-2389	biglonn@yahoo.com
5		Don Walker	625-4897	dkswalker@bellsouth.net
		Don Stottsberry	625-4948	powerplay68@msn.com
4		Corey Clary	214-0402	tiger7_33407@yahoo.com
		Chuck Jaloski	407-687-0057	CJaloski@ruthschris.com

12's

1		Michael Hewitt	707-8833	Mhewitt@hcamerica.com
		Paul Schmidt	625-4596	PSchmidt88@comcast.com
2		Juan Vazquez	862-9659	vazquezbgood@aol.com
		Don Stottsberry	625-4948	powerplay68@msn.com
3		Kentoffio	635-7651	talachi@live.com
		Matt Benedetto	818-9501	Jodibenedetto@yahoo.com

14's

4		John Whalen	775-9119	medfire4@bellsouth.net
		Tom Polak	714-5688	tpolak@comcast.net

Coach Responsibilities

- Identify a Team Mom to help you with snack schedule, concession shift schedule etc.
- Identify an Opening Day Coordinator(can be same as Team Mom) then email name/contact number to daryl_warren@bellsouth.net
- Submit concession shift schedule as requested (this will be sent to you soon). Each team will be responsible for covering shifts in concession stand. Must be 18 yrs old.
- Assist the League in selling PBG Softball Park Cards. We ask that each family purchase at least one.
- If you are interested in coaching Summer Travel, you must attend Sunday Workouts scheduled for 2/6, 2/13, 2/20, 2/27.
- Notify a member of the Exec Board immediately if a player leaves your team.
- All coaches must complete the city's online background check, be a current member of NYSCA(www.nays.org), sign Coaches Code of Ethics, have your Players parents sign Rules of conduct
- Find a sponsor for your team; if you need assistance, please contact Lisa Jaloski
- Have fun!!!

Important Note: All Coaches must sign the enclosed copy of the Coaches Code of Ethics and return it to the PBGYAA Softball Board prior to opening day!

Background Check and Certification

Coaches Background Check:

<https://opportunities.avery.com/Application.aspx?oid=2751>

Coaches NYSCA Certification:

Initial Level Certification:

http://www.nays.org/Coaches/Initial_Level_Membership.cfm

Continuing Level Membership (renewal):

http://www.nays.org/Coaches/Continuing_Level_Membership.cfm

National Youth Sports Coaches Association Coaches Code of Ethics

NYSCA member coaches pledge to live up to their certification as NYSCA Coaches by following the NYSCA Code of Ethics:

- I WILL place the emotional and physical well-being of my players ahead of any personal desire to win.
- I WILL remember to treat each player as an individual, remembering the large spread of emotional and physical development for the same age group.
- I WILL do my very best to provide a safe play situation for my players.
- I PROMISE to review and practice the necessary first-aid principles needed to treat injuries of my players.
- I WILL do my best to organize practices that are fun and challenging for all my players.
- I WILL lead by example, in demonstrating fair play and sportsmanship to all my players.
- I WILL insure that I am knowledgeable in the rules of each sport that I coach, and that I will teach these rules to my players.
- I WILL use those coaching techniques appropriate for each of the skills that I teach.
- I WILL remember that I am a youth coach, and that the game is for the children and not for the adults.

Coaches Name: _____

Coaches Signature: _____ Date: _____

PBGYAA Girls Softball

Coaches & Spectators

Rules of Conduct

(Note: Reference to "Board" means the sports division board specifically involved in the rules violation manner. Disciplinary action by one board, especially extended, i.e. "for the season", suspensions of an individual's coaching privilege, will be enforced by all division boards. Only through formal appeal to the PBGYAA Board can this prohibition from coaching in another divisions be waived)

Coaches will not taunt or verbally harass and umpire/referee.

1. Coaches must request and receive a time out from the umpire/referee before approaching umpire/referee to discuss a game situation. Discussions with the umpire/referee will take place "out of the hearing range" of the players (i.e. bench) and adults (i.e. stands). The umpire/referee will allow sufficient time for discussion and consideration of the issue. However the umpire/referee has complete discretion to conclude the discussion whenever no further progress is apparent.
2. Coaches will not "get into the face" of an umpire/referee; will not yell or become abusive (i.e. kick dirt, etc.).
3. In 1, 2, & 3 the umpire/referee will "conclude" the situation by distinctly asking the coach to return to the bench area, but only twice. If the coach will not comply. the umpire/referee will require the coach to leave the game/facilities.
4. Coaches will not use abusive or foul language, yell in anger or frustration, especially at the umpire/referee or players. If heard by the umpire/referee, the coach will be distinctly warned only twice, and then the umpire/referee will require the coach to leave the game/facilities.
5. Spectators and coaches are prohibited from "yelling at or taunting" players, umpire/referee, or other spectators or coaches. Only words of support or encouragement for the players and coaches are permitted. The umpire/referee distinctly shall request the person(s) who may be yelling or taunting to curtail such action only two times and will direct spectator(s) and/or coach to leave the facilities/game if continued.
6. Coaches are prohibited from taunting players, i.e. "(s)he's an easy out!". "(S)he can't skate". Only words of support or encouragement for the players, on both teams, are permitted. Coaches will be warned only twice about such conduct, and will be ejected from the game if continued.
7. The umpire/referee is given complete control of all game circumstances. If a coach is not satisfied with the result of a discussion with the umpire/referee and an issue remains a major concern, the coach will advise the umpire/referee that the game is being "protested". If a game is played "under protest" or if a coach is not satisfied with the actions of a umpire/referee, the coach will be responsible for bringing the matter to the attention of the Division Board. Coaches will not take any "extreme actions" as is prohibited/defined in these rules during the game to argue their position.

Practice

As you can never have enough practice time, it is very important to get the most of your field time. Plan your practices in advance. Have a clear idea of what you intend to do on the field prior to your arrival. Be sure you will have the assistance needed prior to your practice. Involve as many helpers as possible, but be sure you clearly explain their responsibilities so their participation aids the flow of the practice and is not conducive to injury or improper instruction. Ideally, try to instruct in small groups. Smaller groups will allow you to be more flexible with instruction and work one-on-one when necessary. Consider rotating kids from one station to another to expose them to various elements of the game, (hitting station, throwing station, ground ball or pop-up station, base running station, ect.) Plan activities that are both interesting and instructional.

Try to complete each practice with a group exercise such as running the bases, home run derby, the catching game, ect.

The following are a few entertaining games sometimes used for instruction that you may chose to try.

TEAM PRACTICE IDEAS

Catching Game – kids form two lines opposite each other approximately 20 feet, start with a ball in the hand of each girl in one line. Call out one-two-three throw. The girl throws to her partner in the other line. A dropped ball is a point for the paired team. After three points have been accumulated the pair is out of the game (however, they do continue to play, they just can't win). If play extends for some time, have the kids in one line step back a few paces and resume. The last team remaining is the winner. Once finished, rotate each girl down one player in one of the lines to match them with a new partner and play again. (I used to have the kids play for an imaginary championship belt).

Home Run Derby – Put half the team in the field and half up to bat. Draw a straight line in the dirt between first and second and second and third with a bat handle. Each girl hitting gets a defined number of swings, (keep the number low to keep the line moving and maintain the girls' interest). The girls hitting get a point for each ball they hit that crosses the infield line, two points for a ball that rolls into the outfield grass and three for a ball entering the outfield grass in the air. The girls in the field must remain behind the infield lines during each pitch. However, if they charge a ground ball and prevent it from crossing the line the batter is not awarded a point. If a fielder catches a ball in the air the fielding team receives a point and no point is awarded to the hitter. I prefer to play one group against another to take the attention off of individual scores. However, you could play for individual scores if you wish.

Grounder Game – Form a line at shortstop. One at a time a girl comes forward and takes a ready position. Hit her groundballs, one after another until a miss or bobble occurs. Count the successful plays to arrive at a winner. To keep all the kids involved, you can have them all count with each play the receiving girl makes. The game can become more advanced by incorporating the element of an accurate throw or a charge line they must cross prior to playing the ball to receive a point.

"Peanut Butter and Jelly" Relay Race – Split the team into two groups of somewhat equal cumulative speed. Place one group at home and one at second. One girl from each group starts and runs all the way around the bases, tagging the next player on their team. The first team finished wins. Prior to playing instruct the kids on the benefits of cutting tight turns by approaching the bases correctly and the shortest distance to the next base is a straight line, not a big half moon.

Throwing Game – **Game 1:** Place a bucket right-side-up against a high portion of the backstop. Draw lines in the dirt for the girls to stand behind. One at a time each girl throws into the fence attempting to get the ball to hit and fall into the bucket. If the ball does not hit the fence and goes directly into the bucket no point is awarded. Each girl gets 5 throws. Work with each girl on form as they take their turn. Using more than one bucket and multiple lines is ideal. **Game 2:** Place a bucket on top of an upside down garbage can or atop another bucket. Have the girls line up approximately 30 feet or further away. Provide each with 2 to 3 balls. Call out a player's name and they try to knock the bucket off the top. You can play multiple times from various distances. Work on over the top throwing technique. Another option is to start with the ball on the ground. The player must step forward, pick up the ball, employ proper footwork and make a quick throw at the target.

HOME PRACTICE IDEAS

Play Catch - More than anything, the girls need to have as much practice as possible catching a ball. The girls should try to get out as often as they can with either their parents or siblings to practice.

Bean Bag Toss - For younger players, get a beanbag or similar small soft and squeezable object. Have the girl stand with her throwing hand at her side and toss the beanbag to her in various locations. The bag should be caught with just her non-throwing hand. This will help with hand-eye coordination. Finish up by catching with both hands to encourage bring both hands to the ball.

SAVE THE DATE!!!

WHAT: PBGYAA Girls Fastpitch Softball Division
2011 Recreation Season
Opening Day

WHEN: Saturday, February 12th 10:00a.m.

WHERE: Lake Catherine Softball Complex



9:30a.m.--- Teams prepare for Parade

10:00a.m.--- Parade of Teams & Opening Day Ceremony
(teams prepare a banner for parade)

11:00a.m.--- Party Zone with DJ, Bounce House, Rock Wall, Super Slide, Vendors, Raffle Baskets, Home Run Derby and first games of the year.

2:00p.m.--- PBA Home Game on Field 4

4:00p.m.--- PBA Home Game on Field 4

*** PLEASE NOTE THAT TEAM PICTURES WILL NOT BE DONE ON OPENING DAY ***

SAVE THE DATE

PBG Softball is hosting
Family Fun Night!!

Friday, February 25th at the Lake Catherine Softball Complex

Stay tuned for more information



Palm Beach Gardens Youth Athletic Association
Girls Softball Division
P.O. Box 33705
Palm Beach Gardens, FL 33420
A Non-Profit (501-C3) Organization
Employee Identification# 23-7299387

Dear Sponsor,

Thank you for taking the time to consider sponsoring a recreational girls softball team. The Palm Beach Gardens Youth Athletic Association could not exist if it were not for generous people like you. The costs to provide our youth a successful program keep rising each year. It is always an interesting task to raise all the money it takes to give them the type of program our youth deserve.

We work hard to keep our registration fees at a level where no child is denied access to our activities. This year, once again, we have **not** increased our fees. We also offer a waiver of fees, so that no child is turned away because of financial reasons. Unfortunately, our bills must be paid and fundraising efforts must proceed. This is why we need YOU!

The team sponsor is one of the most visible symbols of community support for these children and their families and it is the one endeavor that keeps the door of opportunity open to all.

It is with this community spirit that we ask you to be one of our team sponsors. If you wish, your business logo or company name can be put on the jerseys of all the players on the team you sponsor to help demonstrate your support of this most important activity to all in the community.

The cost of sponsorships is as follows:

T-Ball (ages 4-6)	\$250
Coach Pitch (7-8)	\$250
Fast Pitch (9-16)	\$250

If you are able to support PBGYAA Girls Softball by sponsoring this year, please fill out & return the second page with the appropriate information and mail back to:

PBGYAA Girls Softball
PO Box 33705
Palm Beach Gardens, FL 33420

Thank you again for your generous support. All sponsors receive a plaque with a team picture as recognition of your valuable donation. All contributions are tax deductible.

Sincerely,

Lisa Jaloski
PBGYAA Softball Division President

**PBGYAA Girls Softball Division
Palm Beach Gardens, FL 33410**

A Non for profit organization (501c)
Employee identification # 23-7299387
Tax exempt # 60-00-223249-85C

Name of Sponsor: _____

Address: _____

Phone Number: _____

Contact Person: _____

Sponsorship Amount: \$ _____

Check Number: (made payable to P.B.G.Y.A.A) _____

Team Sponsored: _____

Corporate Sponsors, please include a business card or company logo